

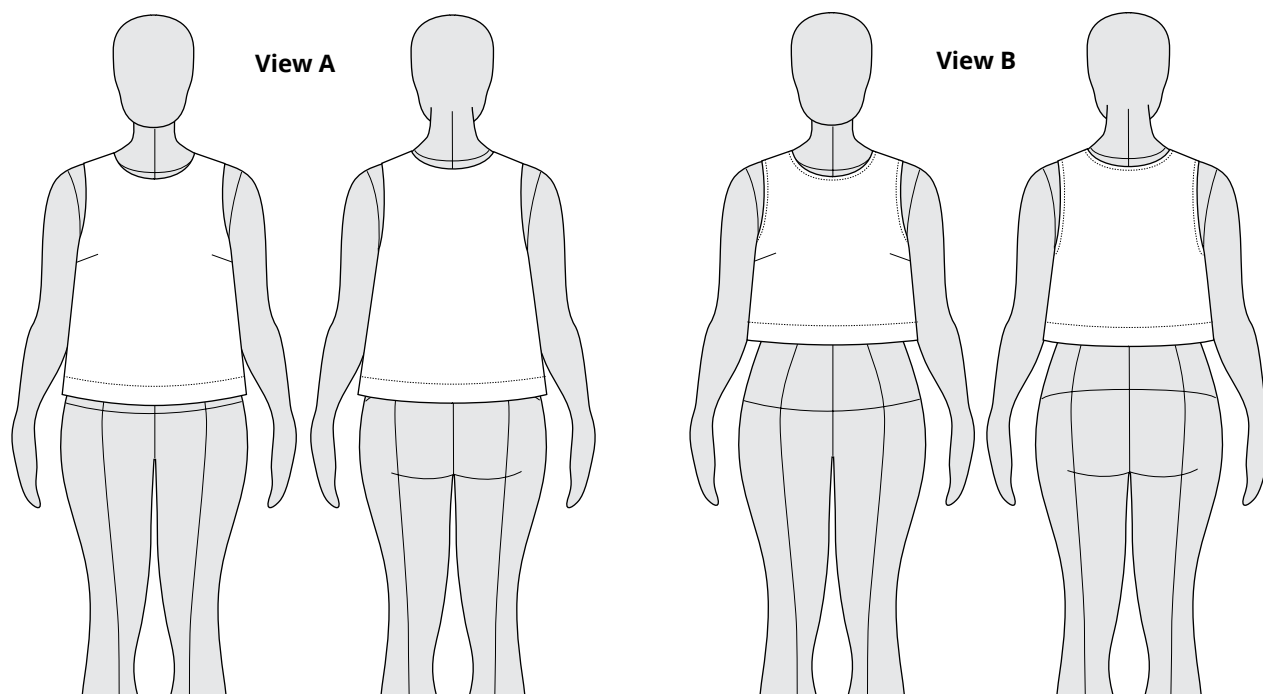
# ASHTON

TOP | ADVANCED BEGINNER | SIZES 0 - 30 | #4001



HELEN'S CLOSET

PATTERNS



The Ashton top is an all-season wardrobe staple that is easy to sew and style! Wear it during cooler months with jeans and a cardigan, or pair it with shorts for summer. The Ashton has bust darts and a signature A-line shape. View A is a hip-length top and view B is a crop top, ideal for pairing with high-waisted pants or skirts. Both views have the option to finish the neck and arms with an all-in-one facing or bias binding. The hem is finished using a beautiful hem facing. The Ashton makes a great stash-buster!

**Notions**

- Thread

**Difficulty**

Advanced Beginner

**Sizes**

0 - 30 US

**Skills learned**

- Sewing darts
- Understitching
- Topstitching
- All-in-one facing

**Fabric Recommendations**

The Ashton can be made in a wide variety of woven fabrics. Try light to medium-weight cotton or linen for a structured look. Silk crêpe de chine, tencel twill, or rayon challis will result in an Ashton with more drape. Drapier fabrics work better for tucking into skirts or pants, whereas stiffer fabrics showcase Ashton's A-line shape.



### About Helen's Closet Patterns Sizing

Two PDF patterns are provided with different size charts. The first is range 0-22 based on a B-cup block. The second is range 12-30 based on a D-cup block. There is an overlap from sizes 12-22 where you can choose which size range you would like to use. See [pages 5-6](#) for finished garment measurements

#### B-Cup Size Range: (0 - 22)

inches

|                  | 0  | 2  | 4  | 6  | 8  | 10   | 12 | 14 | 16 | 18 | 20 | 22 |
|------------------|----|----|----|----|----|------|----|----|----|----|----|----|
| <b>High Bust</b> | 29 | 30 | 31 | 32 | 33 | 34.5 | 36 | 38 | 40 | 42 | 44 | 46 |
| <b>Full Bust</b> | 31 | 32 | 33 | 34 | 35 | 36.5 | 38 | 40 | 42 | 44 | 46 | 48 |
| <b>Waist</b>     | 24 | 25 | 26 | 27 | 28 | 29   | 30 | 32 | 34 | 36 | 38 | 40 |
| <b>Hips</b>      | 33 | 34 | 35 | 36 | 37 | 38.5 | 40 | 42 | 44 | 46 | 48 | 50 |

centimeters

|                  | 0    | 2    | 4    | 6    | 8  | 10   | 12    | 14    | 16    | 18    | 20   | 22    |
|------------------|------|------|------|------|----|------|-------|-------|-------|-------|------|-------|
| <b>High Bust</b> | 73.5 | 76   | 78.5 | 81.5 | 84 | 87.5 | 91.5  | 96.5  | 101.5 | 106.5 | 112  | 117   |
| <b>Full Bust</b> | 78.5 | 81.5 | 84   | 86.5 | 89 | 92.5 | 96.5  | 101.5 | 106.5 | 112   | 117  | 122   |
| <b>Waist</b>     | 61   | 63.5 | 66   | 68.5 | 71 | 73.5 | 76    | 81.5  | 86.5  | 91.5  | 96.5 | 101.5 |
| <b>Hips</b>      | 84   | 86.5 | 89   | 91.5 | 94 | 98   | 101.5 | 106.5 | 112   | 117   | 122  | 127   |

#### D-Cup Size Range: (12 - 30)

inches

|                  | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 | 28 | 30 |
|------------------|----|----|----|----|----|----|----|----|----|----|
| <b>High Bust</b> | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 |
| <b>Full Bust</b> | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 |
| <b>Waist</b>     | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 |
| <b>Hips</b>      | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 |

centimeters

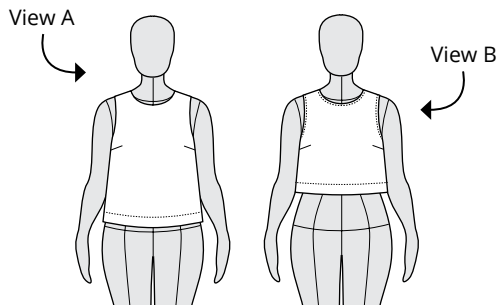
|                  | 12    | 14    | 16    | 18    | 20   | 22    | 24    | 26  | 28  | 30    |
|------------------|-------|-------|-------|-------|------|-------|-------|-----|-----|-------|
| <b>High Bust</b> | 91.5  | 96.5  | 101.5 | 106.5 | 112  | 117   | 122   | 127 | 132 | 137   |
| <b>Full Bust</b> | 101.5 | 106.5 | 112   | 117   | 122  | 127   | 132   | 137 | 142 | 147.5 |
| <b>Waist</b>     | 76    | 81.5  | 86.5  | 91.5  | 96.5 | 101.5 | 106.5 | 112 | 117 | 122   |
| <b>Hips</b>      | 101.5 | 106.5 | 112   | 117   | 122  | 127   | 132   | 137 | 142 | 147.5 |

This pattern has been drafted for a 5'6" (168 cm) tall person.



Fabric Requirements are the same whether you are using the B-cup size range or D-cup size range.

If using contrast fabric for facings and/or bias binding, you may require less fabric.



**View A (hip-length)**

yards

|                           | 0   | 2   | 4   | 6   | 8   | 10  | 12  | 14  | 16  | 18  | 20  | 22  | 24  | 26  | 28  | 30  |
|---------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| <b>57" - Bias Binding</b> | 1.3 | 1.3 | 1.3 | 1.3 | 1.3 | 1.3 | 1.4 | 1.4 | 1.4 | 2.2 | 2.2 | 2.2 | 2.2 | 2.2 | 2.2 | 2.2 |
| <b>57" - Facing</b>       | 1.3 | 1.3 | 1.4 | 1.4 | 1.4 | 1.4 | 1.4 | 1.4 | 1.4 | 2.6 | 2.6 | 2.6 | 2.6 | 2.6 | 2.6 | 2.6 |
| <b>45" - Bias Binding</b> | 1.6 | 1.6 | 2.1 | 2.1 | 2.1 | 2.1 | 2.1 | 2.1 | 2.1 | 2.2 | 2.2 | 2.2 | 2.2 | 2.2 | 2.2 | 2.2 |
| <b>45" - Facing</b>       | 1.3 | 1.3 | 2.4 | 2.4 | 2.4 | 2.4 | 2.4 | 2.4 | 2.4 | 2.6 | 2.6 | 2.6 | 2.6 | 2.6 | 2.6 | 2.6 |

meters

|                              | 0   | 2   | 4   | 6   | 8   | 10  | 12  | 14  | 16  | 18  | 20  | 22  | 24  | 26  | 28  | 30  |
|------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| <b>150 cm - Bias Binding</b> | 1.2 | 1.2 | 1.2 | 1.2 | 1.2 | 1.2 | 1.3 | 1.3 | 1.3 | 2   | 2   | 2   | 2   | 2   | 2   | 2   |
| <b>150 cm - Facing</b>       | 1.2 | 1.2 | 1.3 | 1.3 | 1.3 | 1.3 | 1.3 | 1.3 | 1.3 | 2.4 | 2.4 | 2.4 | 2.4 | 2.4 | 2.4 | 2.4 |
| <b>115 cm - Bias Binding</b> | 1.5 | 1.5 | 1.9 | 1.9 | 1.9 | 1.9 | 1.9 | 1.9 | 1.9 | 2   | 2   | 2   | 2   | 2   | 2   | 2   |
| <b>115 cm - Facing</b>       | 1.2 | 1.2 | 2.2 | 2.2 | 2.2 | 2.2 | 2.2 | 2.2 | 2.2 | 2.4 | 2.4 | 2.4 | 2.4 | 2.4 | 2.4 | 2.4 |

**View B (crop top)**

yards

|                           | 0   | 2   | 4   | 6   | 8   | 10  | 12  | 14  | 16  | 18  | 20  | 22  | 24  | 26  | 28  | 30  |
|---------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| <b>57" - Bias Binding</b> | 1.1 | 1.1 | 1.2 | 1.2 | 1.3 | 1.3 | 1.3 | 1.3 | 1.3 | 1.7 | 1.7 | 1.7 | 1.7 | 1.7 | 1.9 | 1.9 |
| <b>57" - Facing</b>       | 1.1 | 1.1 | 1.2 | 1.2 | 1.3 | 1.3 | 1.3 | 1.3 | 1.3 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 |
| <b>45" - Bias Binding</b> | 1.3 | 1.3 | 1.7 | 1.7 | 1.7 | 1.7 | 1.7 | 1.7 | 1.7 | 2   | 2   | 2   | 2   | 2   | 2.1 | 2.1 |
| <b>45" - Facing</b>       | 1.1 | 1.1 | 2.2 | 2.2 | 2.2 | 2.2 | 2.2 | 2.2 | 2.3 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 |

meters

|                              | 0   | 2   | 4   | 6   | 8   | 10  | 12  | 14  | 16  | 18  | 20  | 22  | 24  | 26  | 28  | 30  |
|------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| <b>150 cm - Bias Binding</b> | 1   | 1   | 1.1 | 1.1 | 1.2 | 1.2 | 1.2 | 1.2 | 1.2 | 1.6 | 1.6 | 1.6 | 1.6 | 1.6 | 1.7 | 1.7 |
| <b>150 cm - Facing</b>       | 1   | 1   | 1.1 | 1.1 | 1.2 | 1.2 | 1.2 | 1.2 | 1.2 | 2.3 | 2.3 | 2.3 | 2.3 | 2.3 | 2.3 | 2.3 |
| <b>115 cm - Bias Binding</b> | 1.2 | 1.2 | 1.6 | 1.6 | 1.6 | 1.6 | 1.6 | 1.6 | 1.6 | 1.8 | 1.8 | 1.8 | 1.8 | 1.8 | 1.9 | 1.9 |
| <b>115 cm - Facing</b>       | 1   | 1   | 2   | 2   | 2   | 2   | 2   | 2   | 2.1 | 2.3 | 2.3 | 2.3 | 2.3 | 2.3 | 2.3 | 2.3 |



Sizes 0-22, B-Cup Size Range

inches

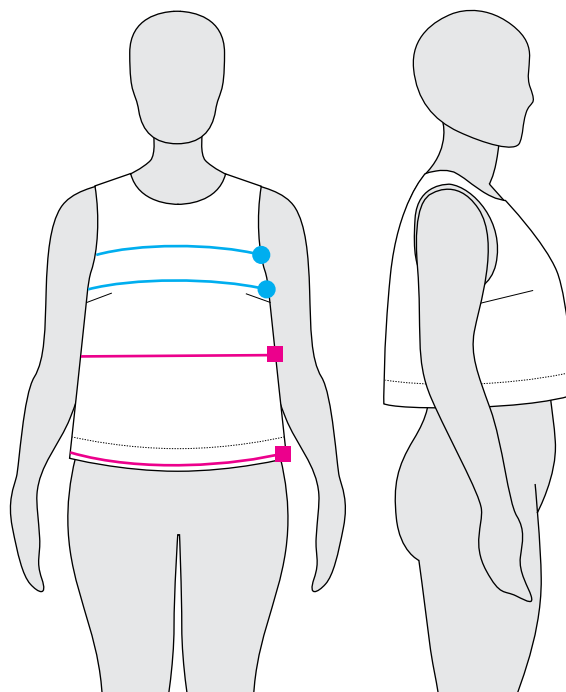
|                        | 0    | 2     | 4  | 6     | 8    | 10    | 12 | 14    | 16   | 18    | 20 | 22    |
|------------------------|------|-------|----|-------|------|-------|----|-------|------|-------|----|-------|
| ● <b>High Bust</b>     | 33   | 34    | 35 | 36    | 37   | 38.5  | 40 | 42    | 44   | 46    | 48 | 50    |
| ● <b>Full Bust</b>     | 35   | 36    | 37 | 38    | 39   | 40.5  | 42 | 44    | 46   | 48    | 50 | 52    |
| ■ <b>Waist</b>         | 37   | 38    | 39 | 40    | 41   | 42.5  | 44 | 46    | 48   | 50    | 52 | 54    |
| ■ <b>Hip</b>           | 40   | 41    | 42 | 43    | 44   | 45.5  | 47 | 49    | 51   | 53    | 55 | 57    |
| ▲ <b>Length View A</b> | 22.5 | 22.75 | 23 | 23.25 | 23.5 | 23.75 | 24 | 24.25 | 24.5 | 24.75 | 25 | 25.25 |
| ▲ <b>Length View B</b> | 17.5 | 17.75 | 18 | 18.25 | 18.5 | 18.75 | 19 | 19.25 | 19.5 | 19.75 | 20 | 20.25 |

centimeters

|                        | 0     | 2    | 4     | 6     | 8    | 10    | 12    | 14    | 16    | 18    | 20    | 22   |
|------------------------|-------|------|-------|-------|------|-------|-------|-------|-------|-------|-------|------|
| ● <b>High Bust</b>     | 84    | 86.5 | 89    | 91.5  | 94   | 98    | 101.5 | 106.5 | 112   | 117   | 122   | 127  |
| ● <b>Full Bust</b>     | 89    | 91.5 | 94    | 96.5  | 99   | 103   | 106.5 | 112   | 117   | 122   | 127   | 132  |
| ■ <b>Waist</b>         | 94    | 96.5 | 99    | 101.5 | 104  | 108   | 112   | 117   | 122   | 127   | 132   | 137  |
| ■ <b>Hip</b>           | 101.5 | 104  | 106.5 | 109   | 112  | 115.5 | 119.5 | 124.5 | 129.5 | 134.5 | 139.5 | 145  |
| ▲ <b>Length View A</b> | 57    | 58   | 58.5  | 59    | 59.5 | 60.5  | 61    | 61.5  | 62    | 63    | 63.5  | 64   |
| ▲ <b>Length View B</b> | 44.5  | 45   | 45.5  | 46.5  | 47   | 47.5  | 48.5  | 49    | 49.5  | 50    | 51    | 51.5 |

● High bust is measured around the body under the arms and over the chest. Full bust is measured around the body at the fullest part of the chest.

■ Waist is measured around the body at the waist. Hip is measured around the body at the hem of view A.



▲ Length is measured from the middle of the shoulder seam to the hem on the front body.



Sizes 12-30, D-Cup Size Range

inches

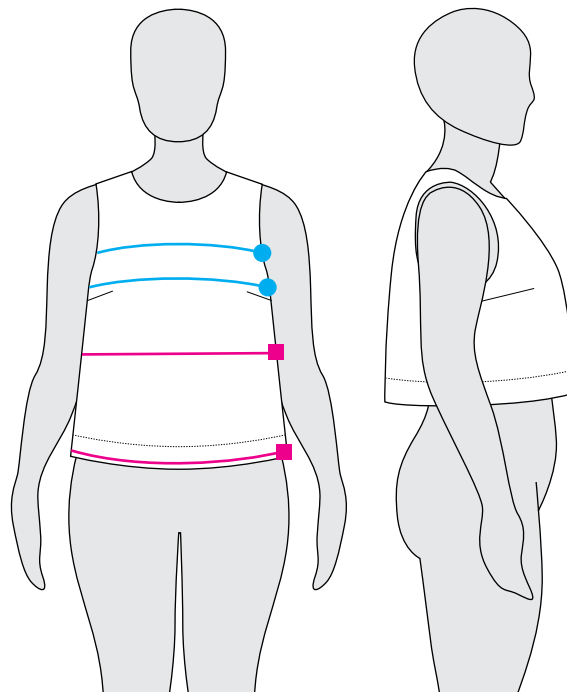
|                        | 12 | 14    | 16   | 18    | 20 | 22    | 24   | 26    | 28 | 30    |
|------------------------|----|-------|------|-------|----|-------|------|-------|----|-------|
| ● <b>High Bust</b>     | 40 | 42    | 44   | 46    | 48 | 50    | 52   | 54    | 56 | 58    |
| ● <b>Full Bust</b>     | 43 | 45    | 47   | 49    | 51 | 53    | 55   | 57    | 59 | 61    |
| ■ <b>Waist</b>         | 45 | 47    | 49   | 51    | 53 | 55    | 57   | 59    | 61 | 63    |
| ■ <b>Hip</b>           | 48 | 50    | 52   | 54    | 56 | 58    | 60   | 62    | 64 | 66    |
| ▲ <b>Length View A</b> | 24 | 24.25 | 24.5 | 24.75 | 25 | 25.25 | 25.5 | 25.75 | 26 | 26.25 |
| ▲ <b>Length View B</b> | 19 | 19.25 | 19.5 | 19.75 | 20 | 20.25 | 20.5 | 20.75 | 21 | 21.25 |

centimeters

|                        | 12    | 14    | 16    | 18    | 20    | 22    | 24    | 26    | 28    | 30    |
|------------------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| ● <b>High Bust</b>     | 101.5 | 106.5 | 112   | 117   | 122   | 127   | 132   | 137   | 142   | 147.5 |
| ● <b>Full Bust</b>     | 109   | 114.5 | 119.5 | 124.5 | 129.5 | 134.5 | 139.5 | 145   | 150   | 155   |
| ■ <b>Waist</b>         | 114.5 | 119.5 | 124.5 | 129.5 | 134.5 | 139.5 | 145   | 150   | 155   | 160   |
| ■ <b>Hip</b>           | 122   | 127   | 132   | 137   | 142   | 147.5 | 152.5 | 157.5 | 162.5 | 167.5 |
| ▲ <b>Length View A</b> | 61    | 61.5  | 62    | 63    | 63.5  | 64    | 65    | 65.5  | 66    | 66.5  |
| ▲ <b>Length View B</b> | 48.5  | 49    | 49.5  | 50    | 51    | 51.5  | 52    | 52.5  | 53.5  | 54    |

● High bust is measured around the body under the arms and over the chest. Full bust is measured around the body at the fullest part of the chest.

■ Waist is measured around the body at the waist. Hip is measured around the body at the hem of view A.



▲ Length is measured from the middle of the shoulder seam to the hem on the front body.

