

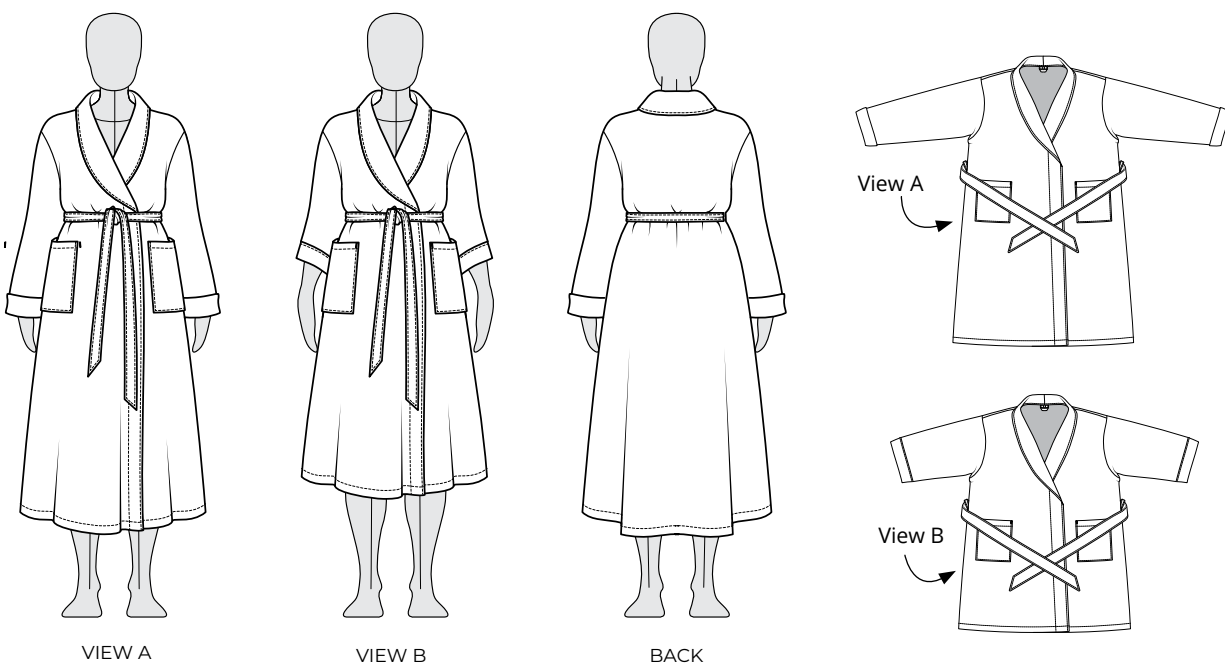
ARBUTUS

ROBE | ADVANCED BEGINNER | SIZES 0 - 34 | #3003



HELEN'S CLOSET

PATTERNS



The Arbutus Robe is perfect for mornings, self care, and general lounging. Make an Arbutus for yourself or make one as a gift for a loved one! Arbutus has a relaxed and comfortable fit. This pattern includes lovely details like an inner tie, belt loops, pockets, and a shawl collar. Make the Arbutus Robe out of drapery satin for a luxurious feel, or get cozy and make it in fleece or terry cloth. Arbutus is versatile and satisfying to sew. We bet you can't make just one!

Notions

- Thread
- Lightweight fusible interfacing (not necessary if using heavier weight fabric or fleece). See [page 6](#) for details.
- 0.5 meters/yards twill tape (for ties - only necessary if using heavier weight fabric or fleece).

Sizes

0-34 US

Difficulty

Advanced Beginner

Sewing Skills Learned

- Sewing a shawl collar
- Setting in sleeves
- Sewing cuffs

Fabric Recommendations

Light to medium weight woven fabrics with no stretch. Linen, cotton (lawn, poplin, voile, batiste, chambray, quilting cotton, flannel), silk, wool, hemp, rayon/viscose challis, satin or poplin, and Tencel will work well. Heavier weight textured woven fabrics (like terry cloth, waffle, and velour) will also work with this pattern. Stable knits like fleece are also appropriate. For beginner sewists, we recommend using a lightweight cotton.



inches

	0	2	4	6	8	10	12	14	16
Bust/Chest	31	32	33	34	35	36.5	38	40	42
Waist	24	25	26	27	28	29	30	32	34
Hips	33	34	35	36	37	38.5	40	42	44

	18	20	22	24	26	28	30	32	34
Bust/Chest	44	46	48	50	52	54	56	58	60
Waist	36	38	40	42	44	46	48	50	52
Hips	46	48	50	52	54	56	58	60	62

centimeters

	0	2	4	6	8	10	12	14	16
Bust/Chest	78.5	81.5	84	86.5	89	92.5	96.5	101.5	106.5
Waist	61	63.5	66	68.5	71	73.5	76	81.5	86.5
Hips	84	86.5	89	91.5	94	98	101.5	106.5	112

	18	20	22	24	26	28	30	32	34
Bust/Chest	112	117	122	127	132	137	142	147	152.5
Waist	91.5	96.5	101.5	106.5	112	117	122	124	132
Hips	117	122	127	132	137	142	147.5	152.5	157.5

This pattern has been drafted for a 5'6" (168 cm) tall person

Choosing a size

The Arbutus has a generous amount of ease and is meant to have a relaxed and casual fit. Refer to the finished garment measurement charts on [pages 4 and 5](#) for more information. We recommend that you **choose a size based on your bust/chest measurement**. If you are between sizes, you can size up for an oversized look or size down for a slimmer fit.

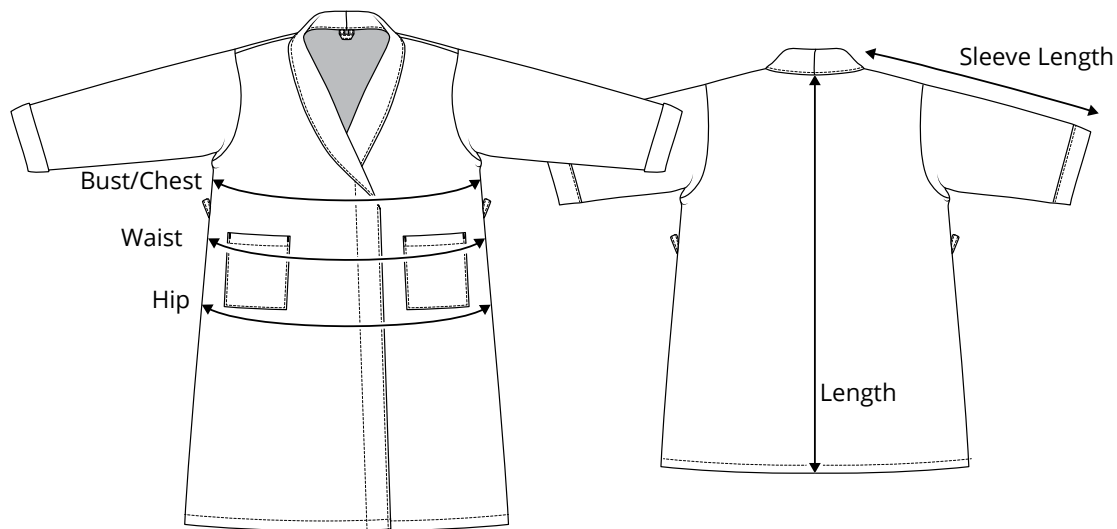
	18	20	22	24	26	28	30	32	34
Bust/Chest	44	46	48	50	52	54	56	58	60
Waist	36	38	40	42	44	46	48	50	52
Hips	46	48	50	52	54	56	58	60	62

In this example, this person would make a size 20.



	0	2	4	6	8	10	12	14	16
Bust/Chest	45	46	47	48	49	50.5	52	54	56
Waist	47.6	48.6	49.6	50.6	51.6	53.1	54.6	56.6	58.6
Hip	51	52	53	54	55	56.5	58	60	62
Length (A)	47.5	47.8	48	48.3	48.6	49	49.1	49.5	49.8
Length (B)	37.5	37.8	38	38.3	38.6	39	39.1	39.5	39.8
Sleeve Length (A)	29	29	29.3	29.4	29.6	30	30	30.4	30.6
Sleeve Length (B)	20.5	20.6	20.9	21.1	21.3	21.5	21.8	22.1	22.4

	18	20	22	24	26	28	30	32	34
Bust/Chest	58	60	62	64	66	68	70	72	74
Waist	60.6	62.6	64.6	66.6	68.6	70.6	72.6	74.6	76.6
Hip	64	66	68	70	72	74	76	78	80
Length (A)	50	50.4	50.6	51	51.3	51.5	51.8	52	52.5
Length (B)	40	40.4	40.6	41	41.3	41.5	41.8	42	42.5
Sleeve Length (A)	31	31.3	31.5	31.9	32.1	32.5	32.8	33	33.4
Sleeve Length (B)	22.8	23	23.4	23.6	24	24.3	24.6	24.9	25.1

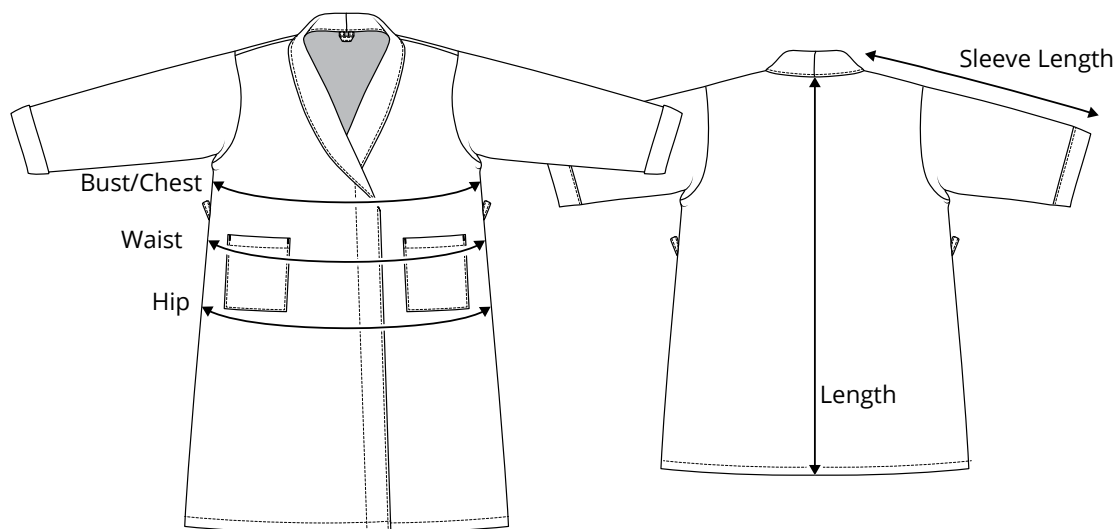


Chest, waist and hips are measured around the robe at the bust/chest, waist and hips respectively. These measurements do not include the overlap in the front. **Length** is measured at the center back from the collar attachment seam to the hem of the robe. **Sleeve length** is measured from the collar attachment seam to the end of the cuff (turned up for view A) and includes the length of the shoulder in its measurement.



	0	2	4	6	8	10	12	14	16
Bust/Chest	114.5	117	119.5	122	124.5	128.5	132	137	142
Waist	121	123.5	126	128.5	131	135	138.5	144	149
Hip	129.5	132	134.5	137	139.5	143.5	147.5	152.5	157.5
Length (A)	120.5	121.5	122	122.5	123.5	124.5	125	125.5	126.5
Length (B)	95.5	96	96.5	97.5	98	99	99.5	100.5	101
Sleeve Length (A)	73.5	73.5	74.5	74.5	75	76	76	77	77.5
Sleeve Length (B)	52	52.5	53	53.5	54	54.5	55.5	56	57

	18	20	22	24	26	28	30	32	34
Bust/Chest	147.5	152.5	157.5	162.5	167.5	172.5	178	183	188
Waist	154	159	164	169	174.5	179.5	184.5	189.5	194.5
Hip	162.5	167.5	172.5	178	183	188	193	198	203
Length (A)	127	128	128.5	129.5	130.5	131	131.5	132	133.5
Length (B)	101.5	102.5	103	104	105	105.5	106	106.5	108
Sleeve Length (A)	78.5	79.5	80	81	81.5	82.5	83.5	84	85
Sleeve Length (B)	58	58.5	59	60	61	62.5	62.5	63	64



Chest, waist and hips are measured around the robe at the bust/chest, waist and hips respectively. These measurements do not include the overlap in the front. **Length** is measured at the center back from the collar attachment seam to the hem of the robe. **Sleeve length** is measured from the collar attachment seam to the end of the cuff (turned up for view A) and includes the length of the shoulder in its measurement.

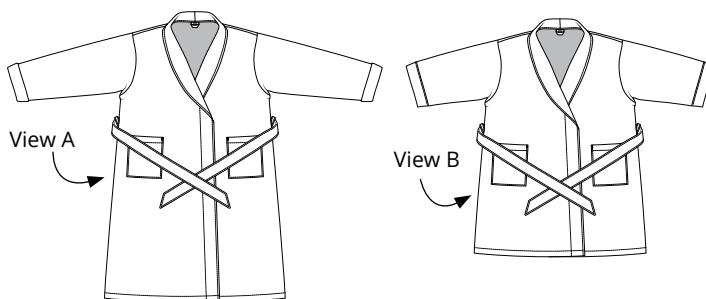


Please allow extra fabric for napped, directional prints, or pattern matching with plaids, stripes, or novelty prints.

57" / 145 cm interfacing (not required when working with thick/textured fabrics like terry or fleece):

Sizes 0-16 - 0.8 m / 0.9 yd

Sizes 18-34 - 1 m / 1.1 yd



View A

57" / 145 cm wide fabric

	0-10	12-22	24-26	28-34
yards	3.8	4.8	5.1	5.5
meters	3.5	4.4	4.7	5

45" / 115 cm wide fabric

	0-10	12-26	28-34
yards	4.9	6.2	n/a*
meters	4.5	5.7	n/a*

View B

57" / 145 cm wide fabric

	0-10	12-22	24-26	28-34
yards	3.1	4	4.5	4.9
meters	2.8	3.7	4.1	4.5

45" / 115 cm wide fabric

	0-10	12-26	28-34
yards	4.2	5.1	5.5
meters	3.8	4.7	5

Contrast Fabric (optional)

For Collar, Cuffs, and Waist Tie

	0-4	6-22	24-26	28-34
yards	1.2	1.4	1.5	1.6
meters	1.1	1.3	1.4	1.5

You will require less of the main body fabric:

	0-10	12-26	28-34
57" / 145 cm wide	0.1m / 0.1yd	0.5m/0.6yd	0.7m/0.8yd
45" / 115 cm wide	0.1m / 0.1yd	0.1m / 0.1yd	0.4m/0.5yd

*The back piece (2) is too wide to fit onto this width of fabric. Choose a wider fabric or, if you want to use a narrow fabric, get extra 1.5 m / 1.6 yd for View A or 1.3 m / 1.4 yd extra for View B. Complete the steps below.

1. Cut the back (2) as two pieces, adding 5/8" (1.6 cm) seam allowances along the center back.
2. Finish the center back seam allowances separately.
3. With right sides together, sew the back pieces along the center back. Press seams open.

