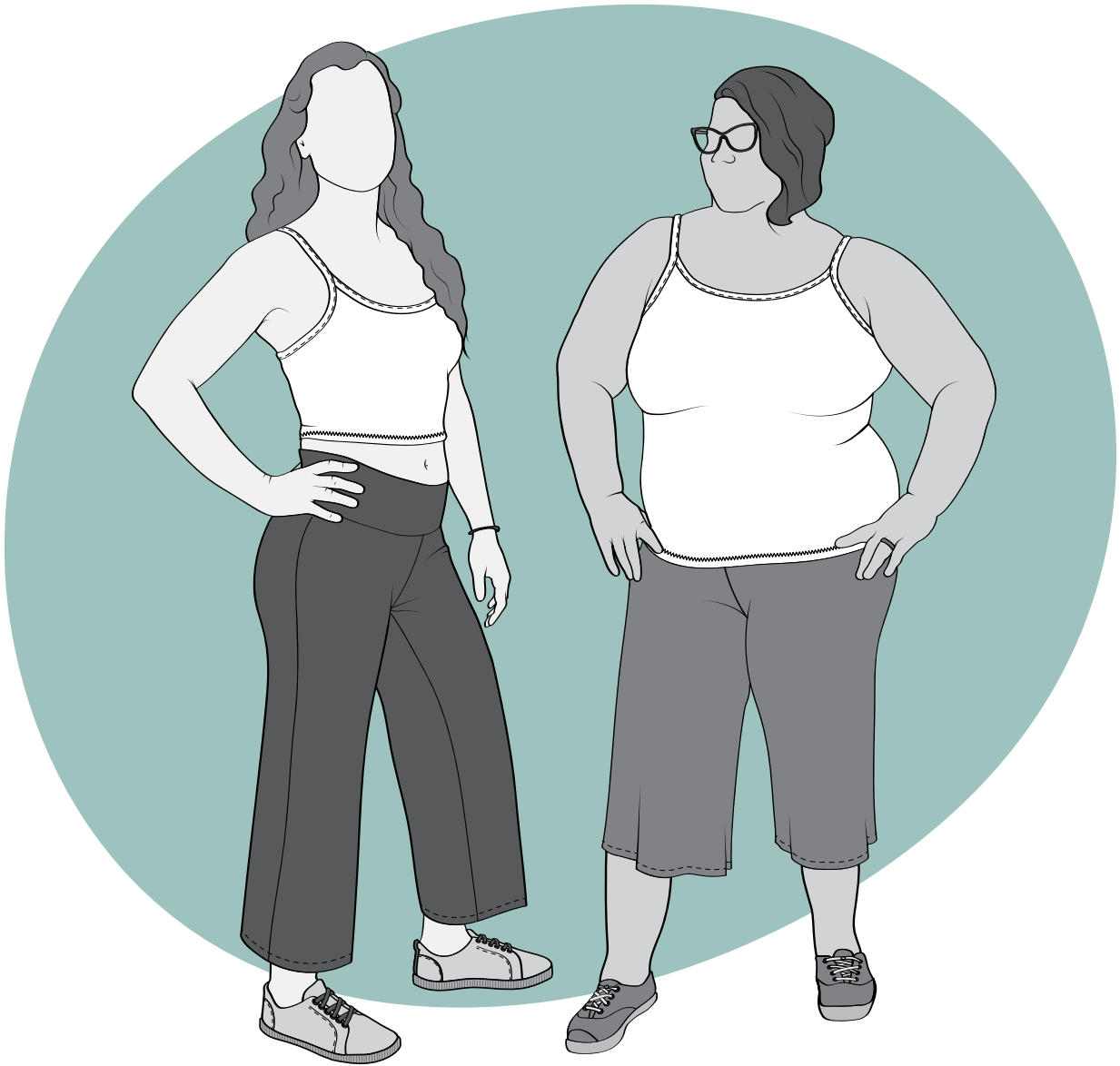


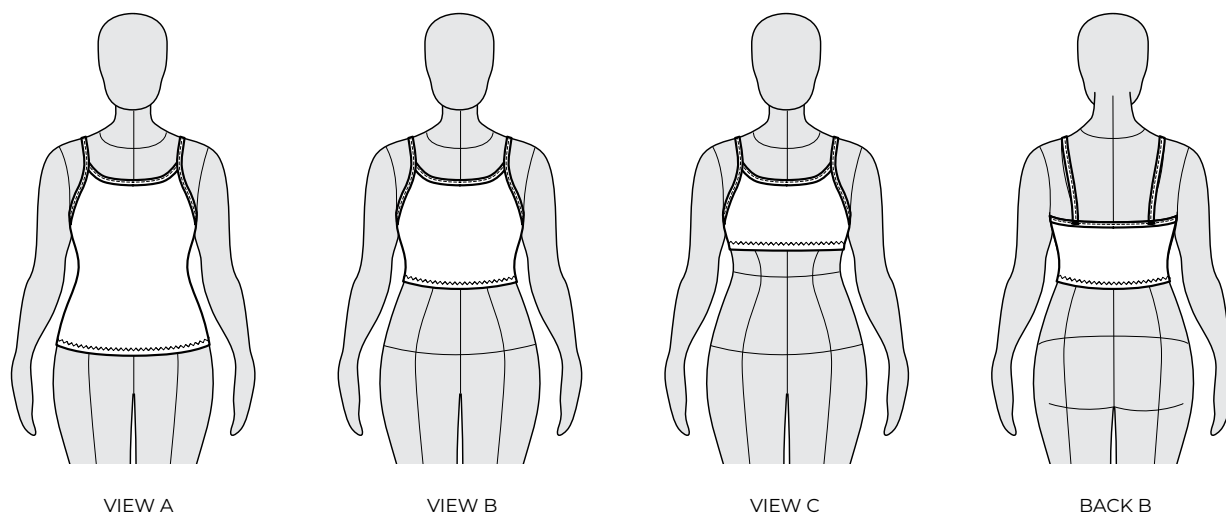
SLOCAN

TANK | ADVANCED BEGINNER | SIZES 0 - 34 | #4008



HELEN'S CLOSET

PATTERNS



The Slocan Tank is a versatile top that can be made as a layering piece, standalone top, or even as a bralette! Slocan offers a snug fit and three different lengths to choose from. Make a longer camisole (view A), a cropped top (view B), or a bralette (view C). All views feature a knit binding finish on the neckline and straps. View C features an elasticated hem. Instructions are included for how to combine view A or B with view C to make a top with a built in shelf bra. The shoulder straps are customizable in length. Slocan is sure to be your new go-to knit tank top pattern!

Notions

- Thread
- Ballpoint needle
- View C: 1/2" (1.3 cm) wide elastic:
 - Sizes 0-16 - 1 meter/yard
 - Sizes 18-34 - 1.5 meter/yard

Sizes

0-34 US

Difficulty

Advanced Beginner

Sewing Skills Learned

- Sewing with knit fabrics
- Sewing knit binding

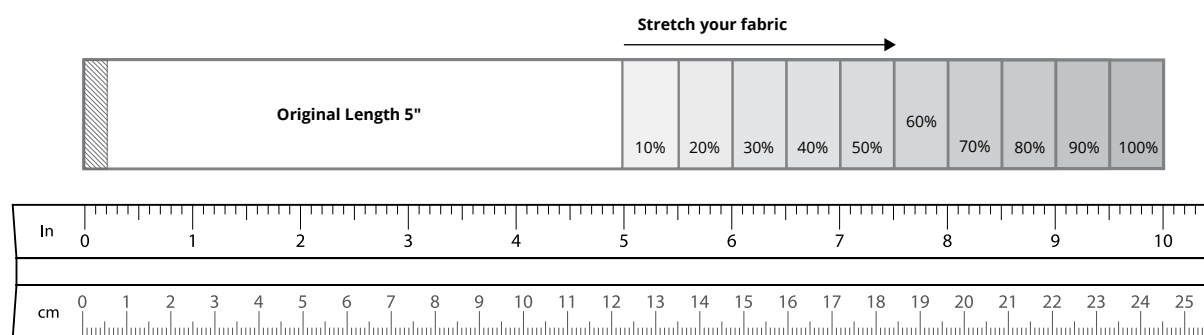
Fabric Recommendations

This tight-fitting tank is designed for stretchy knits with great recovery. Light to medium weight jersey knit fabrics with at **least 60% stretch widthwise** and 40% stretch lengthwise. We recommend bamboo jersey or similar (modal jersey, stretchy athletic knits). If your chosen fabric has less than the recommended stretch percentage, size up.



Determining the percentage of stretch in your fabric

Cut a 5" (12.5 cm) square swatch of fabric. Next to a ruler or the stretch guide below, stretch the fabric until it feels fully stretched out, but not strained. Take note of the stretched measurement. What percentage did it stretch? Repeat for the cross-grain stretch percentage.



Please note - ruler diagram is not to scale

Sewing With Knit Fabrics

If this is your first time sewing with knit fabrics, you are in good hands!

Here are some tips for sewing with knits:

- **Use a 'jersey', 'ballpoint' or 'stretch' needle.** This is an absolute must. If you try to sew knits with a regular needle, it may break the elastic fibers in your fabric and/or skip stitches when sewing. Ballpoint needles have a duller, ballpoint tip, preventing them from tearing the fibers in your knits.
- **Don't pull when sewing.** It is possible to stretch knits out while sewing, resulting in wavy seams and difficulties getting seams to lie flat. Let the machine feed the fabric through and resist the urge to pull it while sewing. If you are experiencing wavy seams despite gentle handling, you may need to let up on your presser foot pressure or use a walking foot to allow the fabric through more easily.
- **You must use a zig-zag stitch.** If you use a straight stitch to sew knits, any seams under stress when stretched will break. Zig-zag stitches allow the seams to stretch and move with your body. Some areas will need greater stretch, therefore they need a wider zig-zag.
- **You don't need a serger/overlocker.** A serger certainly makes sewing knits a breeze, and offers a nice finish on the inside, but it is not necessary. Because most knits fray very little (if at all) compared to woven fabrics, a seam finish on the inside of your garment is not needed. The pattern can be sewn with a combination of serger, sewing machine, and/or coverstitch.



Two PDF patterns are provided with different size charts. The first is range 0-22 based on a B-cup block. The second is range 12-34 based on a D-cup block. There is an overlap from sizes 12-22 where you can choose which size range you would like to use.

• See [pages 5-6](#) for finished garment measurements

B-Cup Size Range (0-22)

inches

	0	2	4	6	8	10	12	14	16	18	20	22
High Bust/Chest	29	30	31	32	33	34.5	36	38	40	42	44	46
Full Bust/Chest	31	32	33	34	35	36.5	38	40	42	44	46	48
Waist	24	25	26	27	28	29	30	32	34	36	38	40
Hips	33	34	35	36	37	38.5	40	42	44	46	48	50

centimeters

	0	2	4	6	8	10	12	14	16	18	20	22
High Bust/Chest	73.5	76	78.5	81.5	84	87.5	91.5	96.5	101.5	106.5	112	117
Full Bust/Chest	78.5	81.5	84	86.5	89	92.5	96.5	101.5	106.5	112	117	122
Waist	61	63.5	66	68.5	71	73.5	76	81.5	86.5	91.5	96.5	101.5
Hips	84	86.5	89	91.5	94	98	101.5	106.5	112	117	122	127

D-Cup Size Range (12-34)

inches

	12	14	16	18	20	22	24	26	28	30	32	34
High Bust/Chest	36	38	40	42	44	46	48	50	52	54	56	58
Full Bust/Chest	40	42	44	46	48	50	52	54	56	58	60	62
Waist	30	32	34	36	38	40	42	44	46	48	50	52
Hips	40	42	44	46	48	50	52	54	56	58	60	62

centimeters

	12	14	16	18	20	22	24	26	28	30	32	34
High Bust/Chest	91.5	96.5	101.5	106.5	112	117	122	127	132	137	142	147.5
Full Bust/Chest	101.5	106.5	112	117	122	127	132	137	142	147.5	152.5	157.5
Waist	76	81.5	86.5	91.5	96.5	101.5	106.5	112	117	122	127	132
Hips	101.5	106.5	112	117	122	127	132	137	142	147.5	152.5	157.5



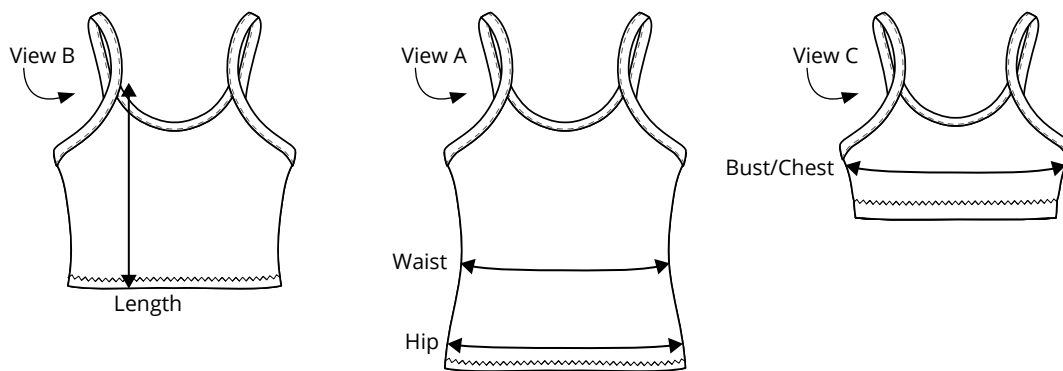
B-Cup Size Range (0-22)

inches

	0	2	4	6	8	10	12	14	16	18	20	22
Bust/Chest	24	25	26	27	28	29.5	31	33	35	37	39	41
Waist	22	23	24	25	26	27	28	30	32	34	36	38
Hip (A)	28.5	29.5	30.5	31.5	32.5	33.5	34.5	36.5	38.5	40.5	42.5	44.5
Length (A)	18.3	18.4	18.5	18.6	18.8	18.9	19	19.1	19.3	19.4	19.5	19.6
Length (B)	11.2	11.4	11.7	12.1	12.3	12.4	12.5	12.6	12.8	12.9	13	13.1
Length (C)	7.6	7.8	7.9	8	8.1	8.3	8.4	8.5	8.6	8.8	8.9	9

centimeters

	0	2	4	6	8	10	12	14	16	18	20	22
Bust/Chest	61	63.5	66	68.5	71	75	78.5	84	89	94	99	104
Waist	56	58.5	61	63.5	66	68.5	71	76	81.5	86.5	91.5	96.5
Hip (A)	72.5	75	77.5	80	82.5	85	87.5	92.5	123	103	108	113
Length (A)	46.5	46.5	47	47.5	47.5	48	48.5	48.5	49	49	49.5	50
Length (B)	29.5	30	30.5	31	31	31.5	32	32	32.5	32.5	33	33.5
Length (C)	19.5	19.5	20	20.5	20.5	21	21.5	21.5	22	22	22.5	23



Bust/chest, waist and hips are measured around the tank at the bust/chest, waist and hips respectively. **Length** is measured from the top of the strap attachment at the front to the hem of the tank/bralette. The strap length is not provided as straps are adjusted and customized to the wearer during the sewing process.



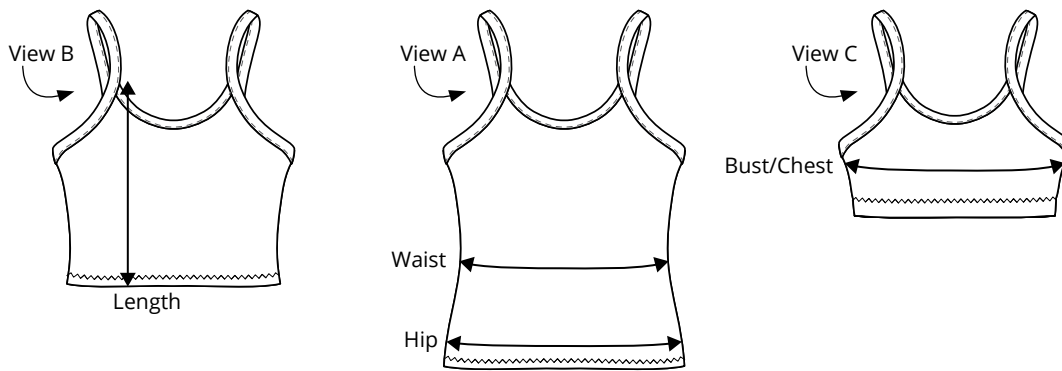
D-Cup Size Range (12-34)

inches

	12	14	16	18	20	22	24	26	28	30	32	34
Bust/Chest	32	34	36	38	40	42	44	46	48	50	52	54
Waist	28	30	32	34	36	38	40	42	44	46	48	50
Hip (A)	34.5	36.5	38.5	40.5	42.5	44.5	46.5	48.5	50.5	52.5	54.5	56.5
Length (A)	20.4	20.5	20.6	20.8	20.9	21	21.1	21.3	21.4	21.6	21.8	21.9
Length (B)	13.4	13.5	13.6	13.8	13.9	14	14.1	14.3	14.4	14.6	14.8	14.9
Length (C)	9.4	9.5	9.6	9.8	9.9	9.9	10	10.1	10.3	10.4	10.5	10.6

centimeters

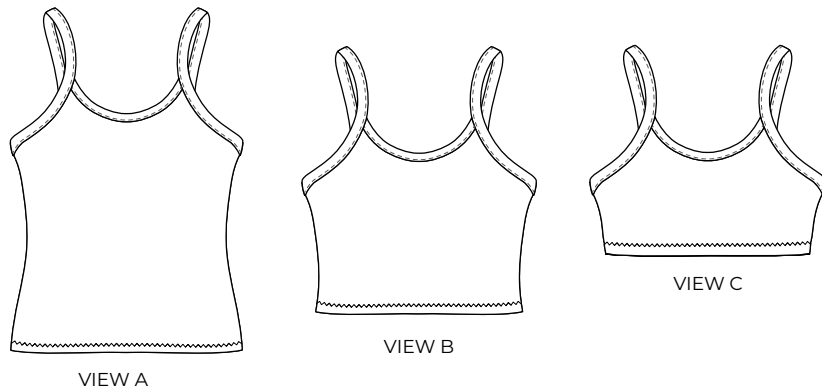
	12	14	16	18	20	22	24	26	28	30	32	34
Bust/Chest	81.5	86.5	91.5	96.5	101.5	106.5	112	117	122	127	132	137
Waist	71	76	81.5	86.5	91.5	96.5	101.5	106.5	112	117	122	127
Hip (A)	87.5	92.5	123	103	108	113	118	123	128.5	133.5	138.5	143.5
Length (A)	52	52	52.5	52.5	53	53.5	53.5	54	54.5	55	55	55.5
Length (B)	34	34.5	34.5	35	35	35.5	36	36	36.5	37	37.5	38
Length (C)	24	24	24.5	25	25	25	25.5	25.5	26	26.5	26.5	27



Bust/chest, waist and hips are measured around the tank at the bust/chest, waist and hips respectively. **Length** is measured from the top of the strap attachment at the front to the hem of the tank/bralette. The strap length is not provided as straps are adjusted and customized to the wearer during the sewing process.



Fabric requirements work for directional prints or napped fabrics. Please allow extra fabric for large scale print pattern matching.



View A - long tank

57" / 145 cm wide fabric

	0-26	28-34
yards	0.8	0.9
meters	0.7	0.8

45" / 115 cm wide fabric

	0-22	24-34
yards	0.9	1.4
meters	0.8	1.3

View B - cropped tank

57" / 145 cm wide fabric

	0-26	28-34
yards	0.5	0.7
meters	0.5	0.6

45" / 115 cm wide fabric

	0-22	24-34
yards	0.7	1.1
meters	0.6	1

View C - bralette

57" / 145 cm wide fabric

	0-26	28-34
yards	0.4	0.5
meters	0.4	0.5

45" / 115 cm wide fabric

	0-22	24-34
yards	0.5	0.9
meters	0.5	0.8

View C: 1/2" (1.3 cm) wide elastic

	0-16	18-34
yards/meters	1	1.5

Built in Bralette Option

You will need 0.4 meters/yards extra fabric to sew a tank (A or B) with a built-in bralette.

