

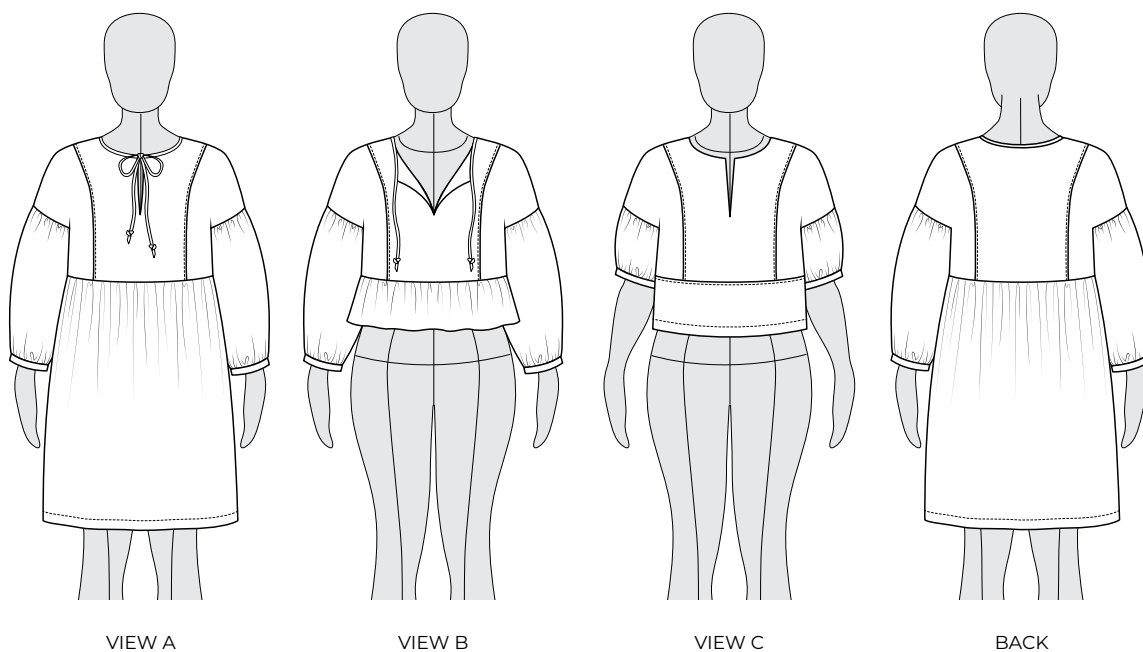
MARCH

TOP AND DRESS | INTERMEDIATE | SIZES 0 - 30 | #8002



HELEN'S CLOSET

PATTERNS



The March top and dress is a fun retro-style pattern featuring voluminous sleeves in two lengths and a gathered skirt (View A), gathered peplum (View B), or a straight peplum (View C). We love this whimsical design because it is comfortable, easy to style, and fun to wear! The interfaced front and back bodice panels add visual interest and provide a great place for a featured fabric or embellishment like embroidery. Views A and B are finished with a neck tie that you can tie in the front or leave to hang open. View C has a clean neckline finish with no tie. The neck tie can be added or removed from any of the views. The dress view features extra deep inseam pockets that are secured into the waistband seam.

Notions

- Thread
- Lightweight fusible interfacing
19" (48 cm) x 38" (97 cm)

Difficulty

Intermediate

Sizes

0-30 US

Sewing Skills Learned

- Neck tie
- Inseam pockets
- Gathering

Fabric Recommendations

Light to medium-weight woven fabrics with no stretch. Linen, cotton (lawn, poplin, voile, seersucker, shirting, double gauze), Tencel twill, and rayon/viscose challis or poplin will work well. Structured fabric like crisp cotton lawn will have more dramatic volume and drapier fabrics like rayon challis will have more fluid movement.



inches

	0	2	4	6	8	10	12	14
High Bust	29	30	31	32	33	34.5	36	38
Full Bust	31	32	33	34	35	36.5	38	40
Waist	24	25	26	27	28	29	30	32
Hips	33	34	35	36	37	38.5	40	42

	16	18	20	22	24	26	28	30
High Bust	40	42	44	46	48	50	52	54
Full Bust	42	44	46	48	50	52	54	56
Waist	34	36	38	40	42	44	46	48
Hips	44	46	48	50	52	54	56	58

centimeters

	0	2	4	6	8	10	12	14
High Bust	73.5	76	78.5	81.5	84	87.5	91.5	96.5
Full Bust	78.5	81.5	84	86.5	89	92.5	96.5	101.5
Waist	61	63.5	66	68.5	71	73.5	76	81.5
Hips	84	86.5	89	91.5	94	98	101.5	106.5

	16	18	20	22	24	26	28	30
High Bust	101.5	106.5	112	117	122	127	132	137
Full Bust	106.5	112	117	122	127	132	137	142
Waist	86.5	91.5	96.5	101.5	106.5	112	117	122
Hips	112	117	122	127	132	137	142	147.5

This pattern has been drafted for a 5'6" (168 cm) tall person.

Choosing a size

The March top and dress is intended to fit loosely and drape over the body. When making Views A or B, which feature a gathered skirt/peplum, we recommend that you choose a size based on your full bust measurement and make that straight size. Refer to the [finished garment measurements](#) on the following pages for more info.

If you are making View C (straight peplum), check your hip measurement and grade in/out at the hips.

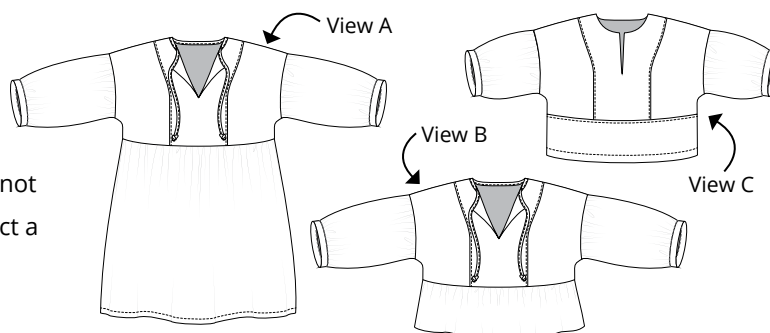
	16	18	20	22	24	26	28	30
High Bust	40	42	44	46	48	50	52	54
Full Bust	42	44	46	48	50	52	54	56
Waist	34	36	38	40	42	44	46	48
Hips	44	46	48	50	52	54	56	58

In this example, this person would make a size 18. They could also make a size 16 or 20 for a tighter/looser fit.



Please allow extra fabric for pattern/print matching with large scale prints.

If the required fabric is “n/a”, the gathered peplum/skirt pattern pieces will not fit on this width of fabric. In this case, select a wider fabric.



View A (dress)

yards

	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
57" wide	3.2	3.2	3.2	3.2	3.2	3.2	3.2	3.8	3.8	3.8	3.8	3.8	3.9	3.9	3.9	3.9
45" wide	3.9	3.9	3.9	3.9	3.9	3.9	3.9	3.9	4.2	4.2	4.2	n/a	n/a	n/a	n/a	n/a

meters

	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
145 cm wide	2.9	2.9	2.9	2.9	2.9	2.9	2.9	3.5	3.5	3.5	3.5	3.5	3.6	3.6	3.6	3.6
115 cm wide	3.6	3.6	3.6	3.6	3.6	3.6	3.6	3.6	3.9	3.9	3.9	n/a	n/a	n/a	n/a	n/a

View B (gathered peplum top)

yards

	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
57" wide	2	2	2	2	2	2	2	2.4	2.4	2.4	2.4	2.4	2.5	2.5	2.5	2.5
45" wide	2.5	2.5	2.5	2.5	2.5	2.5	2.5	2.7	2.7	2.7	2.7	2.7	n/a	n/a	n/a	n/a

meters

	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
145 cm wide	1.8	1.8	1.8	1.8	1.8	1.8	1.8	2.2	2.2	2.2	2.2	2.2	2.3	2.3	2.3	2.3
115 cm wide	2.3	2.3	2.3	2.3	2.3	2.3	2.3	2.5	2.5	2.5	2.5	2.5	n/a	n/a	n/a	n/a

View C (straight peplum top)

yards

	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
57" wide	1.7	1.7	1.7	1.7	1.7	1.7	1.7	2.2	2.2	2.2	2.2	2.2	2.3	2.3	2.3	2.3
45" wide	2.3	2.3	2.3	2.3	2.3	2.3	2.3	2.5	2.5	2.5	2.5	2.5	3	3	3	3

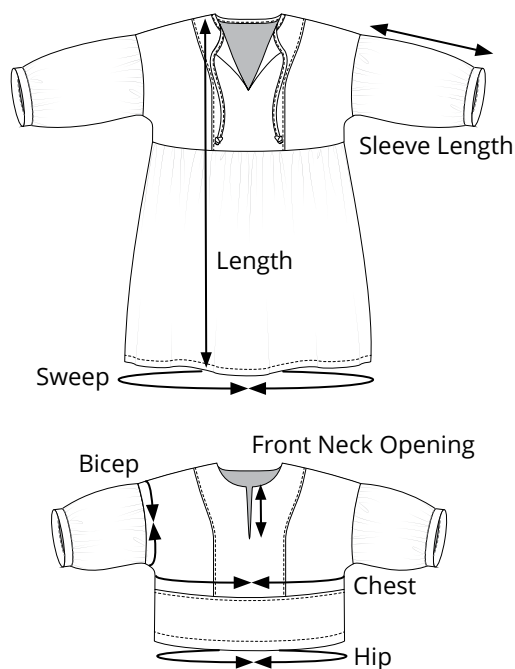
meters

	0	2	4	6	8	10	12	14	16	18	20	22	24	26	28	30
145 cm wide	1.5	1.5	1.5	1.5	1.5	1.5	1.5	2	2	2	2	2	2.1	2.1	2.1	2.1
115 cm wide	2.1	2.1	2.1	2.1	2.1	2.1	2.1	2.3	2.3	2.3	2.3	2.3	2.7	2.7	2.7	2.7



	0	2	4	6	8	10	12	14
Chest / Waist	37	38	39	40	41	42.5	44	46
Front Neck Opening	4.5	4.7	4.8	5	5.2	5.3	5.4	5.5
Bicep	15.5	16	16.5	17	17.5	18	18.5	19
Sleeve Length (A, B)	15	15	15	15	15	15	15	15
Sleeve Length (C)	9	9	9	9	9	9	9	9
Sweep / Hip (A, B)	69	70	71	72	73	74.5	76	78
Hip (C)	37	38	39	40	41	42.5	44	46
Length (A)	37.3	37.5	37.8	38	38.3	38.5	38.8	39
Length (B)	19.3	19.5	19.8	20	20.5	20.8	21	21.2
Length (C)	21.7	21.9	22.1	22.4	22.7	22.9	23.1	23.4

	16	18	20	22	24	26	28	30
Chest / Waist	48	50	52	54	56	58	60	62
Front Neck Opening	5.6	5.8	5.9	6	6.1	6.3	6.4	6.5
Bicep	19.5	19.8	20.3	20.8	21.5	21.8	22.3	22.8
Sleeve Length (A, B)	15	15	15	15	15	15	15	15
Sleeve Length (C)	9	9	9	9	9	9	9	9
Sweep / Hip (A, B)	80	82	84	86	88	90	92	94
Hip (C)	48	50	52	54	56	58	60	62
Length (A)	39.3	39.5	39.8	40	40.3	40.5	40.75	41
Length (B)	21.3	21.5	21.8	22	22.3	22.5	22.8	23
Length (C)	23.6	23.9	24.1	24.4	24.6	24.9	25.1	25.4



The **chest/waist** and **hips** are measured around the body of the garment at the chest and hem respectively. The **front neck opening** is measured from the neckline to the tip of the “v”. The bicep is measured around the sleeve opening of the top front and back. The **sweep/hip** of Views A and B is measured around the hem of the gathered peplum / skirt. The **length** is measured from the high shoulder to the hem. The **sleeve length** is measured from the shoulder to the bottom of the sleeve cuff. Note that March top and dress has a dropped shoulder.



	0	2	4	6	8	10	12	14
Chest / Waist	94	96	99	101	104	108	111	116
Front Neck Opening	12	12	12	13	13	13	14	14
Bicep	39.4	40.6	41.9	43.2	44.5	45.7	47	48.3
Sleeve Length (A, B)	38	38	38	38	38	38	38	38
Sleeve Length (C)	23	23	23	23	23	23	23	23
Sweep / Hip (A, B)	175	177	180	182	185	189	193	198
Hip (C)	94	96	99	101	104	108	111	116
Length (A)	95	95	96	96	97	98	98.5	99
Length (B)	49	49	50	51	51	52	53	53
Length (C)	55	56	56	57	57	58	58.5	59

	16	18	20	22	24	26	28	30
Chest / Waist	122	127	132	137	142	147	152	157
Front Neck Opening	14	15	15	15	16	16	16	17
Bicep	49.5	50.2	51.4	52.7	54.6	55.2	56.5	57.8
Sleeve Length (A, B)	38	38	38	38	38	38	38	38
Sleeve Length (C)	23	23	23	23	23	23	23	23
Sweep / Hip (A, B)	203	208	213	218	223	228	233	238
Hip (C)	122	127	132	137	142	147	152	157
Length (A)	100	100	101	102	102	103	103	104
Length (B)	54	55	55	56	56	57	58	58
Length (C)	60	61	61	62	63	63	64	64

